WHAT TO BRING
to the Beach
FunOrangeCountyParks.com

Keep these items packed and ready-to-go. Then on beach days, apply sunscreen and prepare a picnic lunch.

IKEA BAG
- Sand toys (extra shovels)
- Picnic blanket
- Beach towels
- Beach umbrella

THE BACKPACK
- Change of clothes, including undergarments
- Hats (adults & kids)
- Snacks
- Diaper change kit, bottles, breastfeeding accessories
- Baby wipes & antibacterial gel
- Pen & small notepad
- Band-Aid / First Aid kit
- Spare change
- Extra rubber band
- Gatorade or single-serving drink powder packets
- Wallet
- Phone / Camera
- Sunglasses
- Sunscreen / Chapstick
- 2 stainless steel water bottles

CAMP CHAIR

WEAR
- Sunscreen
- Flip-flops

BEACH LUNCH
- Sandwich or salad
- Apples, carrots, grapes
- Special "beach" snacks
  (Kettle Corn, Pop Chips)